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*Photo from our summer BBQ at Spanish Banks (šx"syiΦem)*

"THE SEA RISES, THE LIGHT FALLS, LOVERS CLING TO EACH OTHER,  
AND CHILDREN CLING TO US. THE MOMENT WE CEASE TO HOLD EACH OTHER,  
THE MOMENT WE BREAK FAITH WITH ONE ANOTHER, THE SEA ENGULFS US  
AND THE LIGHT GOES OUT."

James Baldwin  
*For Nothing is Fixed*

OF THE KWANTLEN, MUSQUEAM,  
KWIKWITLEM, TSAWYASSEN,  
QAYQAYT, SEMIAHMOM

have lunch  
connect with community!

- 10326 Whalley Blvd, Surrey, B.C.
- Monday - Friday
- 11 AM to 4 PM
- [info@solidstate.coop](mailto:info@solidstate.coop)

**VISIT US!**



Hey! We would love to have you over!

Drop by Monday to Friday anytime between 11AM to 4PM to check out our space and meet our



If you're coming for lunch, our chefs would love an RSVP! Email [info@solidstate.coop](mailto:info@solidstate.coop) or direct message us on Instagram [@solidstatecoop](https://www.instagram.com/solidstatecoop)

# WHAT'S NEW?

## WELCOME TO OUR NEW STAFF! 🌸

So many wonderful changes at Solid State, four of them being our new staff members: **Annie Canto, Emily Chan, Mario Cimet and Marcelo Cohen!** Here's a little bit of information about them in their own words.



### WHAT ARE YOU DOING AT SOLID STATE?

I'm joining Solid State as an events planner and community support with goals to further knit the extended SSCI community together, highlighting the relationship-first practices that Solid State already prioritizes.

I'm also excited to be working with Symposia, an events management co-op focused on making accessible opportunities for Surrey youth.

### DESCRIBE YOURSELF IN THREE WORDS.

Air-Dry Disco

### WHAT BRINGS YOU JOY?

Cat and dog sleeping at home, foods that are pouches, art project collabos

### ANY COOL CO-OPS / GROUPS TO SHARE?

Symposia!

longitudinal study looking into how social enterprises can help promote the social and labour market integration of Black and racialized Canadians.

I lead the collaborative development and implementation of non-extractive research as well as project partner and participant management.

### DESCRIBE YOURSELF IN THREE WORDS.

Ambivert, 1/2 serious, 1/2 goofy

### WHAT BRINGS YOU JOY?

Mahjong with family, exploring new places with friends, reading a good book, and food.

### ANY COOL CO-OPS / GROUPS TO SHARE?

I'm still newish to the co-op world and was introduced through my involvement with the Toronto Chinatown Landtrust. Looking forward to learning more and building up my list of favourite and cool co-ops.



### WHAT ARE YOU DOING AT SOLID STATE?

I'm a co-op developer at Solid State, with a special focus on social finance, business development, project management and entrepreneurship.

### DESCRIBE YOURSELF IN THREE WORDS.

Calm, fun, nerdy

### WHAT BRINGS YOU JOY?

Laughter

### ANY COOL CO-OPS / GROUPS TO SHARE?

One story I think is very interesting is Pascual Boing.

It was a privately owned soft drinks company in Mexico. In the 1980s, after one of the many devaluations of the peso, the government decreed a 30% wage increase across all industries, but the owner of Pascual refused to comply. A strike ensued, workers were fired, there was violence, a three year work stoppage, attempted bankruptcy and sale of the company. Instead, the workers won the right to take it over as a co-op. (For more on this, see the bottom of our newsletter!)



focused on creating and supporting 15 new cooperatives, reinforcing our commitment to collaborative growth and community enrichment.

### DESCRIBE YOURSELF IN THREE WORDS.

Passionate, future-oriented, emotionally smart

### WHAT BRINGS YOU JOY?

The joy of seeing my daughter grow and the cherished moments spent with family are unparalleled.

### ANY COOL CO-OPS / GROUPS TO SHARE?

I have a deep admiration for cooperative models that emphasize mutual support and collaboration. The Emilia Romagna model in Italy is particularly inspiring to me; their approach to creating a network of cooperatives that actively assist one another showcases the transformative power of collective efforts.



## COHORT UPDATES

### 1. AFIYA CARE COLLECTIVE NEW CO-OP LAUNCH! 🧑



We are Solid State's newest cohort that is dedicated to addressing the health inequities faced by the Black population of Surrey. Get involved by either completing our health survey or taking

# BLACK HEALTH STUDY!

*Are you interested in participating in a  
Black health research study?*



**We are looking for Black, African, or Caribbean folks in MetroVancouver who would like to share a bit about their health care experiences for a study we are doing!**

**If you are interested in doing an informal 45 minute interview, please fill out the google form we will arrange a meeting time with you!**

**All participants will be given a \$50 honorarium for their time.**

**Please email us at [info@afiyacarecollective.ca](mailto:info@afiyacarecollective.ca) if you have any questions.**

**2. SALAM CENTRAL  
SUMMER CAMP: A SUCCESS!** 🏀





We're thrilled to announce the success of Salam Central School's Out Summer Camp! Running from July 10 to July 28, our dedicated team of seven young individuals (Muryam, Safa, Burhan, Ayub, Ayan, Zia, and Mahnoor), along with their mentor Mahado, orchestrated an incredible summer experience at Kirkbride Elementary in Surrey.

Our primary mission was to create a safe and enjoyable environment for Muslim Surrey youth, ages 5-12, while also warmly welcoming children from diverse backgrounds. In addition to religious diversity, many of the camp attendees came from racialized, low-income, newcomer, and/or neurodivergent backgrounds. The camp also embraced non-Muslim youth and families who sought to join in the diverse and dynamic summer activities.

With the generous support of United Way BC, we were able to offer affordable programming at just \$50 per week, ensuring accessibility to all. Remarkably, more than 75% of the children enjoyed the camp free of charge, thanks to this support. Check out this great impact story from United Way BC on Salam Central's School's Out Summer Camp! [Salam Central School's Out Summer Camp - United Way British Columbia \(uwbc.ca\)](https://www.uwbc.ca)

Over three weeks, Salam Central designed and executed a day camp that catered to 40-50 children daily. Guided by the principles of United Way's School's Out Summer camp domains, our team crafted programming that was not only mentally stimulating but also fun, empowering, and conducted in a safe and considerate manner. Our campers participated in a wide range of activities, including sports, games, scavenger hunts, tie-dye shirt making, obstacle courses, painting, and yoga. They even had the incredible opportunity to embark on exciting field trips to Extreme Park, Central City Fun

As we look ahead, we're excited about the prospect of another fun-filled summer next year! For more updates and insights about our summer camp, please follow us on Instagram: @salamcentral\_. Additionally, explore how United Way BC continues to support groups and organizations like Salam Central by visiting @unitedway\_bc and [uwbc.ca](http://uwbc.ca)

Thank you for your ongoing support, and we can't wait to see you again next summer!"



### 3. CLIMATE RECENTERED COOLING STATION 🧊





sunscreen, and N95 masks to over 1000 people around Surrey Central skytrain station to provide relief during heatwave and poor air conditions due to wildfire smoke. The group received over \$800 in donations and had 8 volunteers in addition to the 5 members run the cooling station.

Climate Recentered is a group of five racialized femmes who are aiming to recenter the climate movement to focus on lived experiences of marginalized people, joy, and community. We recognize that the climate crisis will both increase the frequency and intensity of extreme weather events like heatwaves and wildfires, and that these events will disproportionately affect marginalized people such as unhoused, elderly, and racialized folk. That is why Climate Recentered sought to provide relief particularly to these communities during the heatwaves and smoke.



## JUNETEENTH CELEBRATION 🇳🇵



This June, DDB hosted a fun 90's + Y2K-themed summer gathering at Bear Creek Park to celebrate Juneteenth. In addition to DJ'd music, games, and prizes, attendees were offered the chance to be interviewed for our upcoming research film project in collaboration with UBC on the experiences of Black youth with BC post-secondary institutions. DDB is still seeking any Black high school students, post-secondary students, and post-secondary graduates who would like to participate! If this opportunity interests you, fill out this survey: <https://forms.gle/pYJVGuDXCDD71Z988>.

**5. LET HER TALK  
BIG SUMMER OF EVENTS!** 🌷





On July 7th, we held a picnic at Crescent Beach where we made jewelry, painted, and held safe space for conversation. Thanks for coming out! If you missed out, we hope to see you next time!

On July 25th, we discussed safety and pleasure relating to sex and sexuality. We appreciated your vulnerability and contributions to the discussion. If you missed it, we would love to support your safer sex and/or menstruation health through our free supply program.

At the last social event of the summer, on Aug 6th we held a Barbie themed barbecue at one of our co-founders homes for all our racialized dolls! We loved seeing your cute outfits and look forward to the next gathering!

## What you missed!

Contact us for a free safe sex and/or menstrual hygiene kit! We have the following items available:

- o Pads
- o Tampons
- o Condoms
- o Lube



📍 @lethertalkca  
✉ lethertalkca@gmail.com  
🌐 www.lethertalk.org



Let Her Talk had a ton of amazing events over the summer: a summer kickoff party, Barbie BBQ, and a bunch of fun workshops on topics like parental issues, dating, and being a newcomer to Canada. They also recently launched their own newsletter so please do subscribe at [lethertalk.org](http://lethertalk.org)

# 6. SYMPOSIA

## JOIN THE 2024 PuSH FESTIVAL COHORT 🎭

PuSh Festival in partnership with Solid State Industries presents,

# PUSH YOUTH COHORT 2024

A free program to provide access and connect youth to theatre, dance, music, film, and technology.

For racialized youth in Surrey aged 16 to 24 interested to be immersed in the arts.

The 2024 PuSH Youth Cohort is a collaboration between the PuSH Performing arts festival and Symposia, an events and planning cooperative founded by racialized Surrey Youth.

This year's cohort promises an enriching arts journey for BIPOC youth aged 15-25 in the greater Vancouver area with priority for Surrey residents. What sets this program apart? It's not just about honing talents; it's about building connections and breaking down financial barriers. Workshops and meetups are coordinated with the PuSH lineup offering an exploration of diverse performing arts, from music and literature to dance and film. Don't miss your chance to be part of this innovative arts initiative that's set to shape the future of Surrey's art community! If you're interested in participating in this year's program, email [symposiaevent.ca@gmail.com](mailto:symposiaevent.ca@gmail.com)

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 **IN THE COMMUNITY** 

**THE CLEANING CO-OP IS HIRING!**



# WE ARE HIRING

Are you looking for an active job, great pay, flexible hours and to make new friends? If you enjoy cleaning, like REALLY enjoy it, this is the job for you!

## About us:

- Worker Cooperative
- Living Wage Employer
- Women Led
- Empowering Team
- Provide Business Experience
- Partnered With Modo, Vancity, Solid State Community Industries



## Qualifications :

- Cleaning Experience
- Great communication skills
- Driver's Licence an Asset

**More Information :** [www.tccoop.ca](http://www.tccoop.ca)

## Contact :

📞 604-226-3334

## Send Your Resume:

[info@tccoop.ca](mailto:info@tccoop.ca)

Are you or anyone you know looking for a living-wage cleaning job at a women-led and worker-owned co-op? Please share the posting with your networks. For more information, check out TCC's website: <http://tccoop.ca>

"HURRY, HURRY, WAIT: IT'S TIME TO DISCERN WHEN WE NEED URGENCY" by Michelle Tsutsumi

Tsutsumi, Strategic Convener and Organizer at the BC Co-op Association, wrote an essay on the topic of urgency. Michelle writes:

"Urgency is rooted in white supremacy/dominant culture characteristics, wherein priorities and timelines can create a false sense of urgency. This contributes to being in a constant state of hyperarousal, potentially activating trauma responses, and impacting the process of decision-making – often rushing the process. ***When a process is rushed, the potential is great for missing out on: hearing every voice, gathering relevant information, developing long-term plans, or considering consequences.*** The most damaging aspect of a false sense of urgency is how it can hurt or disrupt relationships, particularly relationships with people in equity-deserving communities, as power dynamics will favour decisions that benefit the dominant culture.

Thankfully, there are some beautiful antidotes to living with a false sense of urgency:

- Learn from past experience about how long things take. Find a way to document and/or preserve these learnings. Factor this into writing realistic funding proposals with realistic time frames, as well as practical work plans that set up people for success.
- Understand that things take longer than anyone usually expects (yesssss!). Build in flexibility during times when urgency seems to pervade the workflow and/or workplace culture. One step further is to allocate time for the unexpected, so that folks have space to address what comes up in the moment – the ‘cushion’ time that I mentioned earlier. This can be a challenge organizationally because it might look like ‘empty’ time and bumps up against the pressure to be productive all the time.
- Dedicate time to support individual and organizational learning, and collectively work towards structural changes that give rise to equity and inclusion.
- Realize that rushing decisions often takes more time in the long run because consequences that weren’t considered need addressing or relationships will need repair because people who didn’t get a chance to voice their thoughts and feelings could resent or undermine the decision because they felt unheard.
- Be transparent about how decisions will be made in an atmosphere of urgency."

Read the rest of the essay to see some more of Michelle's points for reflection about urgency here: <https://bccca.coop/hurry-hurry-wait-its-time-to-discern-when-urgency-is-needed/>

🌟 **BONUS CONTENT TIME!!!** 🌟 **Thanks for making it all the way to the end!**

Remember when Mario was talking about Pascual Boing in his profile above? 📌  
He also added:"Pascual Boing is still around, employs ~5000 people and sponsors lucha libre tournaments. I don't know enough about them to fully endorse everything they do, and I know that not every worker is a member of the co-op, but I can still





# Ayuda Mutua

Cuando dos o más personas se socorren y cooperan entre sí y para lograr un fin común.

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**Our mailing address is:**

10326 Whalley Blvd, Surrey, BC V3T 4H4

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Islell-Waututh peoples.



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